

# Kiddush Hashem Curriculum

FOR MIDDLE SCHOOL GIRLS

## Mission of a Lifetime



---

**Training Course for Captains:**

A GUIDE TO BECOMING MEKADSHEI HASHEM

---



בעזהש"ת

ימי הרחמים והסליחות תשע"ט לפ"ק

באנו בשורות אלו לחזק ולתמוך את המפעל הנשגב והנחוץ "מקדשי שמך" Living Kiddush Hashem Institute שהוקם למען המטרה והשאיפה הנעלה להרבות קידוש שם שמים בעולם, לעורר לבב כל ישראל ולהגיע לכל קהילות הקודש ומוסדות התורה ולהנהיל להם את משנתם הסדורה בנושא חשוב זה. ברם יזכר לטובה הרב שרגא פרידמאן שליט"א אשר שם כל מעיינו להפיץ את אור קידוש השם בעולם ואת הדרך ילכו בה לפאר ולרומם שמו של הקב"ה בכל מעשינו והליכותינו בכמה ספרים חשובים שחיבר בנושא זה, ועכשיו ביותר שהכין ופעל תכניות וסדרי לימודים בשפה ברורה שוים לכל נפש, ובפרט לתלמידי המוסדות. ואתו עמו השותף לדבר מצוה מו"ה שבתי גרטנר הי"ו העושה ומעשה למען הפצת והצלחת הרעיון. ואף אנו לעומתם נחזק את ידיהם בעז"ה להורות ולהאיר להם הדרך ולהיות להם לסעד ולעזר בכל מה שאפשר בל"נ.

תהלה להשי"ת אשר בדורנו זה זכינו לגידול מבורך בעולם התורה למעלה מדרך הטבע, ומשקיעים אנו את מיטב כחותינו בצעירי צאן קדשים לתורה וליראת שמים באופן נעלה בס"ד, ואין ספק שמן הראוי הוא גם לשום דגוש מיוחד ולחנך לגיונו של מלך להתנהג ולחיות ברוח של קידוש ה' על כל צעד ושעל שהוא מוסדי ועיקרי אומתינו.

אשרינו שזכינו להני שלוחי דרחמנא העוסקים בעבודת הקודש של מפעל מקדשי שמך להביא את מצות קידוש ה' והליכותיה לידיעתם ותודעתם של כל כלל ישראל מקטן ועד גדול במסגרת סדרי הלימודים והחברות שבהוצאתם. ובודאי חובת השעה היא וחובת כל איש מישראל להיות מוסיף דעת בענינים אלו הנוגעים בחיי היום יום להיות ממקדשי שמו יתברך ברבים ולהימנע מחילול ה' החמורה.

ובזכות ההתאחדות וההתחברות בכח הרבים גם יחד להרבות ולהוסיף פעלים לקדש שם שמים בעולם נזכה לביאת משיח צדקנו בגאולה השלימה במהרה בימינו.

אליהו זכאי  
הרב אליהו ברודנא

יחיאל מנחם דאליאלי ורבינו משה יצחק אברהם  
הרב יחיאל מיכל טווערסקי

ונוחם אהרן  
הרב ירוחם אלשין

יעקב האפפור  
הרב יעקב האפפור

קמנצקי  
הרב שמואל קמנצקי

מנחם משה קאסין  
הרב ארי' מלכיאל קוטלר





## ברוך דוב פוברסקי

ישיבת פוניב' בני ברק

בס"ד י"ג תמוז תשע"ט לפ"ק

הנה ידידי הנכבד ר' שבתי חיים גרטנר יחי' לאוי"ט רחש לבו דבר טוב, ויחד עם רעהו הרה"ג ר' שרגא פיינול פרידמן שליט"א מחשובי מרביצי התורה בארה"ב, התעוררו להכניס בלבבות התלמידים צעירי הצאן המתחנכים בבתי החינוך חשיבות קיום דברי התורה ומצוות ומידות טובות וקידוש ה', ויהי שם שמים מתאהב על ידם, ולקטו מרבירי רבותינו והוציאו לאור עולם ספר ערוך בענינים אלו, אשר יהיו באופן קבוע בין ספרי הלימוד בבתי החינוך.

וגם ידי חכונ עימם, תחזקנה ידיהם ויתברכו מן השמים בשפע

ברכה והצלחה



י"ג תמוז תשע"ט

שמואל קמנצקי  
Rabbi S. Kamenetsky

2018 Upland Way  
Philadelphia, PA 19131



Home: 215-473-2798  
Study: 215-473-1212

כ"ג תמוז, תשע"ט

בס"ד

כתב רבנו יונה ז"ל בשערי תשובה (שער ג' סי' קנ"ח) "עמוד התבונן גדול חיובנו לקדש את ה', כי עיקר מה שקדשנו ה' בתורתנו ובמצוותיו והבדילנו להיות לו לעם, כדי לקדשו וליראה ממנו" עכ"ל. הרי לנו גדול מעלת וחובת קידוש שמו יתברך בעולם, עד שכל תכלית ומטרת עבודת הש"ת הוא לקדש שם שמים ולהרבות כבודו בעולם, ואין ספק שדבר זה צריך להיות בראש מעינינו בכל עת ועונה ולעמוד יגד עינו למען נוכל להתנהג בהתאם ולקדש שם שמים בכל הליכותינו ועסקינו.

יתני לוא להעסיקים במלאכת הקודש מו"ה שבתי חיים גרטנר הי"ו ביחד עם הרב שרגא פיינול פרידמן הי"ו שהקימו מפעל נשגב וחשוב להרבות הלימוד והתודעה בענינים אלו בקרב קהלות ומוסדות החינוך, לונך ולחזק את בני העורים לחיות ולהתנהג באופן של ריבוי כבוד שמים בעולם.

מחובת כולנו הוא להתחזק בענינים אלו, וראוי ונכון הדבר הוא שילמדו ויעסקו בכך בקרב כל החוגים וכל הקהילות בכלל ישראל, וכל אחד לפי יכולתו ולפום דרגא דיליה יצטרף להיות חלק מהכלל כולו ממקדשי שם שמים בעולם. והנני בזה לחזק ולעודד מפעל חשוב זה למען יעמוד לימנם ויסייעו בעדם בכל מה שאפשר למען הצלחת וקידום הדבר שתביא לגאולה וישועה בקרוב.

*(Handwritten signature)*

## HASKAMAH FROM RAV CHAIM KANIEVSKY

13 Tammuz 5779

My dear and esteemed friend Reb Shabsey Chaim Gartner has been inspired to take up a good cause. He and his friend Reb Shraga Feivel Freedman *shlita*, one of the distinguished Torah educators of the United States, have set out to teach the young children who learn in our schools about the centrality of the Torah and its mitzvos, and the importance of developing proper middos, fostering *kiddush Hashem*, and causing others to love Hashem. They have compiled many sources from the teachings of our Sages and have produced a *sefer* on this subject, which will take a permanent place among the texts used for study in our schools.

I support their initiative. May they be endowed with strength and be blessed with an outpouring of *brachah* and *hatzlachah* from Heaven.

י"ג תמוז תשע"ט

RAV CHAIM KANIEVSKY

## HASKAMAH FROM RAV SHMUEL KAMENETSKY

23 Tammuz 5779

Rabbeinu Yonah states, "Pause and contemplate the immense scope of our obligation to sanctify the Divine Name, **for the entire purpose for which Hashem sanctified us with His Torah and set us apart as His nation was to sanctify Him and to fear Him**" (*Shaarei Teshuvah* 3:158). This shows us both the enormous value and the scope of the obligation of *kiddush Hashem*, for the entire purpose of our service of Hashem is to sanctify His Name and to increase His honor in the world. There is no doubt that this must be the focus of our interests and must occupy our attention at all times, so that we will act accordingly and bring honor to Hashem's Name in all of our actions and all of our endeavors.

We must applaud Reb Shabsey Chaim Gartner and Rabbi Shraga Feivel Freedman for their sacred work in establishing a prestigious and distinguished organization that works to increase the study and awareness of these matters in our communities and schools, and to train and encourage our youth to live and act in a way that increases the honor of Hashem.

All of us are obligated to strengthen ourselves in these areas, and it is proper for this subject to be taught and studied within every community and circle of Klal Yisrael. Every person, in accordance with his own abilities on his own level, should join with the community in working to promote *kiddush Hashem*. I hereby express my support and encouragement for this important endeavor, and I encourage others to assist and support them in every way possible in order to promote and advance this cause, so that we will be soon blessed with the final redemption.

RAV SHMUEL KAMENETSKY

*(Handwritten signature)*

# Dear Teachers

Every business and organization needs a mission in order to be successful. That mission will be the basis of every decision and is the “emotional fuel” for every employee or volunteer to stay focused and on track.

In our wonderful schools, we teach many important values and we strive to integrate Torah and mitzvos into the lives of our children.

But what is the ultimate goal of all the Torah and mitzvos that they learn?

What should our children see as their overall mission?

In Shaarei Teshuvah (3:158), Rabbeinu Yonah states, “The reason that Hashem chose the Jewish nation, elevated them above the rest of the nations of the world, and sanctified them with His Torah and mitzvos, is solely so that they would fear Him and sanctify His Name.”

Kiddush Hashem is the reason for the Jewish people’s existence. It is the theme that runs through the entire Torah and all of its commandments, and it is relevant at every moment of everyday. Every one of our actions may have the effect of either raising or lowering other people’s awareness and awe of Hashem.

Kiddush Hashem is the mission of Klal Yisrael.

The time has come to create a curriculum focused on Kiddush Hashem. Just as a business rises or falls based on its employees’ sense of mission, the Jewish People’s success is a function of how deeply we are aware of our mission.

This groundbreaking curriculum was developed in collaboration with a team of highly competent middle school teachers. Having already been tried and tested, It has successfully ingrained a Kiddush Hashem mindset in the students who have experienced it. Through focused lessons and engaging activities, the students learn to appreciate Kiddush Hashem as an imperative that affects every aspect of the Torah way of life...whether they are in a crowd or behind closed doors.

The principles explored in this curriculum are based on the sefer Mekadshei Shemecha and the Artscroll books Living Kiddush Hashem and A Life Worth Living. These seminal works were developed over many years and were inspired by the lectures of Rav Matisyahu Salomon, the Mashgiach of the Lakewood Yeshiva. These works have been endorsed by many gedolim as critical for our times and have already made an impact on many yeshivos and schools.

Some of the effects of the Kiddush Hashem mindset:

- A sense of meaning and purpose that enhances students’ motivation. Students recognize that every person has the ability to make a difference in the world by creating Kiddush Hashem.

- Appreciation of the innate potential within every human being, resulting in sensitivity and respect for others.
- Determination to avoid Chillul Hashem by being honest and pleasant at all times.
- Sincerity and passion in avodas Hashem.
- A keen understanding of the balance between mitzvos bein adam L'Makom and mitzvos bein adam L'chaveiro.

Today, more than ever, the focus on Kiddush Hashem is crucial. The world is watching the Jewish People closely, and people around us are more receptive to the values that we represent.

Modern technology, especially the speed of communication, magnifies the potential for both Kiddush Hashem and Chillul Hashem many times over. Every one of our actions can have enormous repercussions.

This enjoyable curriculum, "Mission of a Lifetime," is based on a powerful mashal by Rav Elchonon Wasserman zt'l. The mashal likens the Jewish people to the captain of a ship who must steer the "ship" to its ultimate destination. The material is presented as a "training course for captains." It's a vivid way for students to conceptualize their relationship with the rest of the world and to envision their development into Mekadshei Hashem. The curriculum includes a teacher's guide and a student journal (titled "Navigation Notes") for each girl to treasure for life. It can be taught in 45 minutes, once a week.

May we all be successful in our sacred mission, and may we greet Mashiach soon with the knowledge that we have done our part to hasten his arrival.



## **THE MISSION OF THE LIVING KIDDUSH HASHEM FOUNDATION IS:**

**To instill within every Jew a powerful sense of mission to be Mekadeish Shem Shamayim every day and in every possible way. We strive to accomplish this by raising awareness of the centrality of the Mitzvah of Kiddush Hashem and its relevance to every aspect of life.**

For any questions regarding this curriculum or to schedule teacher workshops please contact:

Rabbi Shraga Freedman  
7320 Wallis Avenue, Baltimore, Maryland 21208  
[sfreedman@livingkiddushhashem.com](mailto:sfreedman@livingkiddushhashem.com)

# Table of Contents

## INTRODUCTORY LESSON

14

### COURSE

1

#### THE CAPTAIN'S ROLE: A JEW'S ROLE AND MISSION

17

- Lesson 1 - Defining Kiddush Hashem: Part I / Part II..... 18
- Lesson 2 - Defining Chillul Hashem ..... 23
- Lesson 3 - The Purpose of Creation and Klal Yisrael..... 26
- Lesson 4 - Publicizing Divine Providence ..... 29

### COURSE

2

#### INTERACTING WITH THE CREW: INFLUENCING OTHER JEWS

33

- Lesson 5 - Kiddush Hashem in the Presence of Jews ..... 36
- Lesson 6 - Kiddush Hashem through Friendship and Caring..... 40
- Lesson 7 - Kiddush Hashem through Acts of Chessed..... 44
- Lesson 8 - Kiddush Hashem in Speech ..... 47

### COURSE

3

#### RELATING TO THE PASSENGERS: INTERACTING WITH NON-JEWS

51

- Lesson 9 - Being Different to Make a Difference ..... 52
- Lesson 10 - Derech Eretz Kadmah LaTorah ..... 56
- Lesson 11 - Balancing Pride and Respect..... 61

### COURSE

4

#### STEERING THE SHIP: AMBASSADORS OF HASHEM

67

- Lesson 12 - Beyond Good Impressions..... 68
- Lesson 13 - Emulating the Ways of Hashem ..... 72
- Lesson 14 - Emes: Honesty and Integrity..... 76
- Lesson 15 - Elevating the Physical World..... 82

### COURSE

5

#### ANTICIPATING THE DESTINATION: TZIPIYAH L'YESHUAH

85

- Lesson 16 - Awaiting the Geulah ..... 86

## FINAL ACTIVITY: KIDDUSH HASHEM EXPOSITION

89

# Embarking on the Voyage



## ANTICIPATORY SET:

*(Optional breakout activity)* Set up a classroom or activity room with an ocean theme. (Line the floors with light blue chiffon material, put out inflatable rafts with oars and life jackets, use sound machines to reproduce the sounds of ocean waves, etc.)

Give each student a sailor's hat to personalize and decorate with paint, markers, and gems.

Have students brainstorm for answers to the following questions:

1. What are the duties of a ship's captain?
2. What are the consequences if a captain is remiss in fulfilling his duties?
3. Compare and contrast the role of the captain with that of the passengers on the ship.
4. What would be the result if a captain did not steer the ship on its assigned course?



## OPTIONAL ACTIVITY:

If it works in your area, visit a cruise ship or take students on a boat ride. Speak in advance with the ship's captain and ask if he can talk to the girls about the following points:

1. What training was required to become a captain?
2. What are a captain's main responsibilities?
3. What are the intricate details involved in commanding and handling a ship?
4. What are the captain's responsibilities to the passengers?
5. Are there any differences between the way the captain relates to the crew and the way he deals with the passengers?



## LESSON:

### PASSENGERS AND CREW

Imagine a large ship preparing to embark on an ocean voyage. Before setting sail, all of the passengers are briefed on the basic rules they must follow in order to ensure their



safety. They are cautioned to follow any instructions they receive from the crew, to be careful on the deck, and so forth, but there are relatively few rules for them to follow.

The captain and crew, on the other hand, are equipped with a thick manual filled with detailed instructions. Not only that, but they have gone through years of training to master all the intricate details of the process of handling an ocean vessel.



Why must the captain undergo such extensive training and follow so many rules? How is he different from the passengers?

The difference is obvious: The captain is responsible for steering the ship through the ocean to its final destination. The responsibility for operating the controls and ensuring the safety of the vessel and its passengers rests on the captain's shoulders. The passengers, on the other hand, are not driving the ship; they are only being taken to its destination.

### THE JEWISH PEOPLE AND THE NATIONS OF THE WORLD

The following is the *nimshal* (symbolic meaning) of this *mashal* (allegory):

As Hashem's chosen nation, we have been entrusted with the unique mission of performing the will of Hashem and making our actions reflect His holy attributes. We are the "captains" who will steer the world to its "destination"—that is, we will help the world achieve its purpose of being filled with recognition of Hashem. In order to achieve this, we were given 613 mitzvos to observe. The nations of the world were given only seven mitzvos – merely a few directives – in order to keep them safely "on board." Ultimately, it is Klal Yisrael who are tasked with guiding the world to the fulfillment of its ultimate purpose: bringing recognition and honor to the King of kings.

 CAPTAIN	PASSENGERS 	KLAL YISROEL	OTHER NATIONS
years of training			
intricate details involved in navigating a ship			
responsibility for safety of passengers			